



One Sentence Goal Builder

Helping you read (and teach) the Bible with confidence

Why this worksheet?

Facilitators thrive when every question, story, or activity flows from a single Big Idea.

This guide walks you through the essential steps to find that idea.

Complete each prompt, then craft a one sentence goal that shapes your session.

Step 1 – Passage & Context

Book/Chapter/Verses: _____ Genre: _____

Step 2 – Central Truth

Summarize the author's main message in one phrase (no commentary):

Step 3 – Purpose

Why did God include this truth for the original audience?

Step 4 – Desired Change (Head / Heart / Hands)

Head (Knowledge): _____

Heart (Affection): _____

Hands (Action): _____

Step 5 – Craft Your One Sentence Goal

Template: "After studying _____, our group will _____."

Final Big Idea statement: _____